

# Client Questionnaire

The work we do with our horses is experiential and educational. It is not a therapy or counseling. However, our programs with horses can be transformational and emotionally charged. We fully support you throughout your experience at Blue Ray of Hope. To continue to explore what is learned here, some people may benefit from professional psychological guidance to integrate their experience.

Please answer the following questions:

List any medical conditions or physical limitations, which might influence your work with horses.

What area of your life would you like to explore?

What would you like to change, heal, improve, shift or manifest in your life?

What do you see as the challenges that may interfere with achieving your goals?

Is there anything else you would like us to know before our session?